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Choose your monthly membership

FitnessPLUS Membership

- ✓ Includes unlimited gym & eGym during all open hours
- ✓ Includes all group exercise classes on timetable (excluding HYROX)

	Monthly
Adult Single	£41
Adult Partners	£69
Senior Single (60+)	£38
Senior Partners (Both members must be 60+)	£62

H Y R O X

£10
per person,
extra, monthly

Fitness Membership

- ✓ Includes unlimited gym & eGym during all open hours
- ✓ Includes group exercise classes Mon-Fri, mornings only*
- ✗ Excludes group exercise classes at lunchtimes, evenings and weekends

	Monthly
Adult Single	£34
Adult Partners	£59
Senior Single (60+)	£31
Senior Partners (Both members must be 60+)	£53

*Includes group exercise classes from Mon-Fri starting before 11.00am

Other membership options

- Students** We have a separate price list for students (school, college & university)
- Off-peak** Adult or senior, M-F, 10.30am-3.30pm, S-S: 12pm-4pm Gym & eGym only £25/month

Next, choose your start-up option...

2

Choose your start-up option

We know that new members who take the time to learn the kit, get a personalised programme and have a check-in with an instructor in those vital first few months are far more likely to create a sustainable lifestyle.

Premium start-up

- ✓ **eGym band**
Wireless band needed to use kit
- ✓ **60 minute start-up session**
eGym set up, body composition, strategy
- ✓ **60 minute programme session**
Personalised training plan
- ✓ **30 minute check-in session**
Week 6, check progress, improve routine

£45.00 per person

Basic start-up

- ✓ **eGym band**
Wireless band needed to use kit
- ✓ **30 minute start-up session**
eGym set up

£25.00 per person

Ready to join?

Please head to the website: www.oakwoodsportscentre.com



Oakwood Sports Centre

Smallfield Road, Horley, RH6 9AU 01293 822238 reception@oakwoodsportscentre.com www.oakwoodsportscentre.com