



Membership information

What's included in your membership?

Included in both the FitnessPLUS membership and the Fitness Membership:

- Unlimited use of the fitness gym and eGym
- 8-Week Plan
- Free TeamUp App
- Unlimited Boditrax scans

Group exercise classes:

The FitnessPLUS Membership includes all classes on the timetable.

The Fitness Membership is restricted to the morning classes only, Monday-Friday.

Payment options

Monthly memberships are paid by direct debit and do not have a minimum-term contract.*

Alternatively, pay for a year in advance and get 12 months for the price of 10.

	FitnessPLUS Membership			Fitness Membership		
	Start up fee	Pay monthly	Annual advance	Start up fee	Pay monthly	Annual advance
Adult Single	£25	£37	£370	£25	£30	£300
Adult Partners	£40	£62	£620	£40	£53	£530
Senior Single (60+)	£25	£34	£340	£25	£27	£270
Senior Partners (60+)	£40	£55	£550	£40	£46	£460

Daytime gym only membership

Access to gym and eGym Mon-Fri 10.30am-3pm, Sat-Sun 12pm-4pm. Boditrax included.

Start up: £25 Monthly: £25. Annual Advance: £250. Adult/senior membership same price.

- 30 day notice period applies upon cancellation. Other terms apply, available upon request.